Lifemaxx®

Introduction

For more than 10 years, Lifemaxx® has been designing, manufacturing and supplying commercial grade fitness accessories throughout Europe. Within this period our clients have always been our source for information and inspiration to make existing designs better and create innovative new products.

The last few years we expanded our product range significantly due to the continuous changing fitness market and the trend towards functional training. Our newest brand Crossmaxx*; specialized in functional training products, now offers a complete solution for all functional training areas. This year we are proud to launch our new line of poly urethane dumbbells, barbells and weightplates. These products are designed with an eye on functionality; they do not roll away and the marking of the weight is on all sides. We even made the dumbbell rack for the smaller weights look like a piece of art!

From our Rotterdam warehouse we are able to supply our clients with high quality products at competitive prices. We hold a high stock level, and being in the heart of Europe gives us the advantage to offer our clients quick deliveries and great service.

With healthy regards on behalf of the Lifemaxx® team,

Denise Doolhof & Diederick Goede

Keep in touch through our Facebook and Instagram pages and read about our latest updates, innovations, events and client experiences.





/Lifemaxxfitness

Contents

ree Weights	4 - 9
Dumbbells	5
Barbells	6
Weight plates	6-7
Kettlebells	8 - 9
3ars	10 - 13
Olympic bars	11
Specialty bars	12
Bars (Ø30mm)	12 - 13
Accessories	14 - 23
Cable attachments	15 - 16
-itness accessories	17 - 18
We've got balls	19
Essentials & Accessories	21 - 22
Fraining accessories	22 - 23
Functional Training & Groupfitness	24 - 41
Racks & Benches	42 - 55
ree weight racks	43 - 47
Functional training & Groupfitness racks	48 - 52
Benches	52 - 55
ifemaxx Functional Rack	56 - 64
Racks & Accessories	57 - 63
Functional Wall Rack	64
anatic	65
Floors	66 - 67
Crossmaxx	68 - 103
Strength	68 - 75
Olympic bars	69 - 70
Jerk blocks, Platform	70
Bumper plates	72
Collars & Chains	73
Dumbbells, Kettlebells, Core training, Sandbags	75
How to clean your bar	71
Air Bike Pro	76 - 77
Gymnastic & Conditioning	78 - 83
Mobility & Training accessories	84 - 87
Essentials & Accessories	87
Racks & Benches	88 - 92
Floors	93
Rig XI & Accessories	95 - 99
Rig & Accessories	100 - 103
Ordering	104 - 105
Need help?	106 - 107

FREE WEIGHTS bells | Barbells | Weight plates | Kettlebells 4 | Free Weights

Dumbbells



LMX72 Lifemaxx® PU dumbbells

Poly urethane | Per set | 1 to 10 KG, 1 KG increment 12 to 60 KG, 2 KG increment | 3 year warranty Compatible with LMX94 Lifemaxx® PU dumbbell tower



LMX75 Dumbbells

Rubber | Per set | 2 to 10 KG, 1 KG increment 12 to 60 KG, 2 KG increment | 1 year warranty



LMX75C Contoured dumbbells

Rubber | Per set | 2 to 10 KG, 1 KG increment | 12 to 60 KG, 2 KG increment | Contoured grip | 1 year warranty



LMX79 Fixed dumbbells

Rubber | Per set | 1 to 10 KG, 1 KG increment 12 to 60 KG, 2 KG increment | 1 year warranty



LMX80 Chrome dumbbells

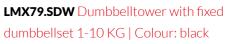
Chromed | Per set | 1 to 10 KG, 1 KG increment 1 year warranty



LMX81 Hexagon dumbbells

Rubber | Per set | 2,5 to 40 KG, 2,5 KG increment 1 year warranty





LMX80.SDW Dumbbelltower

with chrome dumbbellset 1-10 KG | Colour: black

Barbells



Weight plates



LMX1132 Body pump disc

Ø30mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10 KG | Per piece | 1 year warranty | Also available as full set LMX1129



LMX73 Lifemaxx® PU Olympic discs

Ø50mm | Poly urethane | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 3 year warranty



LMX84 Disc

Ø30mm | Rubber | Available in the following weights: 0.5, 1, 1.25, 1.5, 2, 2.5, 3, 4, 5, 10, 15 KG | Per piece | 1 year warranty



LMX92 Olympic disc 5-grip model

Ø50mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX86 Olympic disc (black)

Ø50mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX87 Crossmaxx® Bumper plate

Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX95 Crossmaxx® ELITE fractional plate

Ø50mm | Poly urethane | Available in the following weights: 0.5, 1, 1.5, 2, 2.5 KG | Per piece | 1 year warranty



LMX87.025 Crossmaxx® Technique plate

Ø50mm | PVC | Available in 2,5 KG | Per piece | Plate Ø 450mm 1 year warranty



LMX85 Crossmaxx® Competition bumper plate (black)

Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG

Stainless steel inserts | Per piece | 1 year warranty



LMX85C Crossmaxx® Competition bumper plate (coloured)

Ø50mm | Rubber | Available in the following weights: 10, 15, 20, 25 KG Stainless steel inserts | Per piece | 1 year warranty

8 | Free Weights

Kettlebells



LMX88 Crossmaxx® Competition kettlebell

Steel (4KG Aluminium) | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44, 48 KG | Handle Ø33mm | Per piece



LMX93 Crossmaxx® Powdercoated kettlebell

Iron | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40 KG | Per piece



LMX90 Cast iron kettlebell

Iron | With rubber foot | Available in the following weights: 4,6,8,12,16,20,24,28,32,36 KG | Per piece



LMX89 Rubber kettlebell

Rubber | Available in the following weights: 4, 8, 12, 16, 20, 24, 28 KG | Per piece

BARS Olympic bars | Specialty bars | Bars (Ø30mm) 10 | Bars

Olympic bars

LMX30 Olympic competition bar

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm Weight: 20 KG | Maximum load: 675 KG | Spring steel Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX38 Olympic competition women's bar

Length: 2000mm | Handle Ø25mm | Sleeve Ø50mm Weight: 15 KG | Maximum load: 475 KG | Spring steel Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX43 Crossmaxx® Olympic compact competition bar

Length: 1780mm | Handle Ø28,5mm | Sleeve Ø50mm | Weight: 16 KG Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX42 Olympic bar 50mm 185cm

Length: 1850mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 16 KG Maximum load: 315 KG | Bearing type: Bushing | Brushed steel



LMX33 Olympic EZ bar 50mm 120cm

Length: 1200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 8 KG Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing

LMX35 Multi purpose bar 50mm 90cm

Length: 900mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 10 KG Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



LMX34 Crossmaxx® Olympic competition bar

(black/chrome)

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm | Weight: 20 KG Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX44 Crossmaxx® Olympic competition women's bar (black/chrome)

Length: 2000mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 15 KG Maximum load: 1200LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX31.01 Olympic bar

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG Maximum load: 315 KG | Bearing type: Bushing | Brushed steel finishing



LMX32 Olympic bar 150cm

Length: 1500mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 12 KG Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



LMX36 Olympic curled V-bar 50mm 125cm

Length: 1200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 8 KG Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



Specialty bars



LMX32.03 Crossmaxx® Aluminum technique bar 3kg

Length: 1500mm | Handle Ø28mm | Weight: 3 KG | Aluminum



LMX37 Olympic hex bar

Length: 1400mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20,5 KG Maximum load: 315 KG | Brushed steel finishing



LMX39 Crossmaxx® Farmer's walk set (black)

Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG, per piece Maximum load per handle: 300 KG | Colour: black



LMX39.2 Crossmaxx® Olympic Swiss bar PRO

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm



LMX32.04 Crossmaxx® Olympic Junior bar 50mm, 10kg

(black/chrome)

Length: 1700mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 10 KG Maximum load: 475 KG | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX41 Olympic safety squat bar

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm | Maximum load: 450 KG



LMX39.1 Crossmaxx® Strongman Log bar

Weight: 45 KG | 4 handles | Colour: black



LMX40 Crossmaxx® Axle bar with collars

Length: 2200mm | Handle Ø50mm | Sleeve Ø50mm | Weight: 20 KG Maximum load: 675 KG | Colour: black

Bars (Ø30mm)



LMX47 Bar 30mm 180cm

Length: 1800mm | Handle Ø30mm | Weight: 10 KG | Steel

LMX48 Bar 30mm 160cm

Length: 1600mm | Handle Ø30mm | Weight: 8 KG | Steel



ACCESSORIES Cable attachments | Fitness accessories Essentials & Accessories | Training accessories CROSS CROSSMO 14 | Accessories

Cable attachments



LMX01 Lat bar Length: 950mm | PU grip



LMX03 EZ biceps/triceps bar Length: 750mm | PU grip



LMX05 Triceps straight bar Length: 500mm | PU grip



LMX07 Pro angled lat bar Length: 930mm | Handle size: 140mm | PU grip



LMX09 Tricep rope Length: 700mm



LMX02 Lat bar (large) Length: 1200mm | PU grip



LMX04 Angled biceps/triceps bar Length: 650mm | PU grip



LMX06 Pro lat bar Length: 670mm | Handle size: 140mm | PU grip



LMX08 Tricep single rope Length: 370mm



LMX10 Multi purpose handle Distance between handles: 380mm | PU grip

Cable attachments



LMX12 Tricep V-bar rotating Length: 440mm | PU grip



LMX14 Cable handle Grip size: 130mm | PU grip



LMX16 Rowing handle (large)
Distance between handles: 370mm | PU grip



LMX17 Tricep V-bar Length: 350mm | PU grip



LMX25 Ankle strap Adjustable



LMX13 Rowing handle
Distance between handles: 175mm | PU grip



LMX15.PRO Strap handle PRO Grip size: 130mm | Maximum load: 40 KG | Ergonomic handle



LMX15.PROV2 Strap handle PRO V2 Grip size: 130mm | Maximum load: 40 KG



LMX128 Black Series Cable handle Grip size: 130mm



LMX25.01 Leather ankle strap Adjustable | Material: Leather

Fitness accessories



LMX23 Forearm trainer Compatible with 30mm discs | Excl. 30mm disc



LMX24.1 Neck support roll (rubber) Length: 500mm | Ø80mm



LMX26 Rubber grip
Ø25mm | Closed end | Available lengths: 150mm, 200mm,
250mm, 450mm



LMX27/LMX28 Rubber grip
Per meter | Available inner diameters: Ø25mm, Ø30mm



LMX53 Fast lock collar Ø50mm | Per set



LMX24.2 Squat Sponge Length: 440mm



LMX1133 Body pump neck support roll Length: 200mm | Velcro closing



LMX50 Spring collar Ø30mm | Per set

LMX51 Olympic spring collar Ø50mm | Per set



Cable

LMX55 Per meter | 4 x 5,5mm | 7x19 **LMX55.100** 100 meter bundle | 4 x 5,5mm | 7x20

LMX55.250 250 meter bundle | 4 x 5,5mm | 7x21

Fitness accessories



LMX56 Cable fixer

With eye



Magnetic weight stack pin

LMX59.A Pin Ø8mm | Length pin: 82mm
LMX60.A Pin Ø10mm | Length pin: 110mm



LMX63 Pulley double bearing



LMX66 Number sticker

Per sticker

Ø125mm



LMX69 Dumbbellsaddle Compatible with LMX1012 dumbbell rack



LMX57 Snaphook

Length 90mm



Magnetic weight stack pin with coil leash

LMX59 Pin Ø8mm | Length pin: 82mm
LMX60 Pin Ø10mm | Length pin: 110mm



LMX64 Pulley Ø108mm



LMX67.20 Footroll

Dimensions: L: 200mm x W: 100mm | Inner Ø25mm



We've got balls

We have got balls! To train with of course.. and because we have so many different types we would like to explain which ball is perfect for your workout.

Gymball - LMX1100

A gymball is used in all kinds of workouts. For example you can use it for push-ups, planking exercises and rehabilitation exercises. When you train with a gymball your core muscles have to work harder in order to balance the ball. Exercises with a gymball improve your balance, coordination, flexibility and core stability. The gymball is available in three sizes: 55 cm (for length 152-175 cm), 65 cm (for length 176-190 cm) and 75 cm (for length 191-210 cm).



Peanutball - LMX1101

Using a peanutball you can do most of the stabilization and fitness exercises that you would normally do with a gymball. But the peanutball makes the exercise easier because the ball can only move in two directions. As a result the stabilizing element is not as intense as with a ball which can roll in all directions.



Slam ball - LMX1240

While most balls are not suitable to slam on the floor, the slam ball is! The slam ball has a weight core surrounded by a thick layer of durable rubber. Because of the rubber casing, the slam ball is suitable for intensive use and explosive exercises. In our assortment you can find slam balls of 35, 50 and 70kg with a diameter of 35cm. They are also suitable to use as Atlas stones without having to be afraid of damaging your floor.



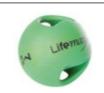
Wall ball - LMX1243 / LMX1245

A wall ball is an training ball that is ideal to bring your functional training to the next level. Because the balls are available in varied weights, anyone can work out with them. The wall ball is ideal for fitness exercises, HIIT, to build strength and is even used during rehabilitation. These balls are capable of more exercises than the infamous wall balls, such as sit-ups, medicine ball squat cleans, running with the ball on the shoulder and deadlifts. The wall ball is not suitable to slam or throw hard against the wall.



Medicine ball - LMX1250

The medicine ball is designed to strengthen the muscles and especially the core. Using a medicine ball strength and cardio exercises become more challenging. Think of the Russian twist, the hip bridge, rolling push-up and roll-up. The medicine ball is provided with a fine structure which gives you a better grip than, for example, a wall ball. The medicine ball is not suitable for bounce or slam exercises.



Double handle medicine ball - LMX1250

Are you looking for a heavier ball with an even better grip than a medicine ball? Then the double handle medicine ball is the one for you! The two handles provide an optimal grip so this ball is suitable for explosive movements and movements where you use one or two hands.



Pilates ball - LMX1260

The pilates ball is mainly used as a support for a specific body part: knee, leg, foot, elbow et cetera. Because of the convenient size (20 or 25 cm) the pilates ball can be easily used between the knees, elbows, arms, legs, hands or feet.



Reaction ball - LMX1274

The reaction ball bounces all over the place when you throw it on the floor, so catching the ball is a real challenge. You train your entire core and you encourage the muscles that control your equilibrium and balance. In addition, the reaction ball is an ideal tool for the further development of hand-eye coordination and responsiveness. By practicing with the reaction ball you can improve the signal that goes from the brain through the central nervous system to the arms and legs.

Go to page 25-28 (Functional training & Groupfitness) and page 82 (Crossmaxx) for more information about each ball



20 | Accessories | Essentials & Accessories

Essentials & Accessories



LMX1816.C Crossmaxx® Sweatband L:150mm x W: 75mm | Colour: black



LMX2205 Crossmaxx® THE TANK water bottle 2 Liter | Colour: green



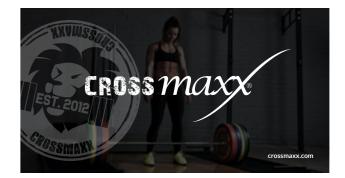
LMX2215 Lifemaxx® Banner L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX1816.L Lifemaxx® Sweatband L: 75mm x W: 75mm | Colour: black



LMX2206 Crossmaxx® Coasters 6 pcs per set



LMX2216 Crossmaxx® Banner L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX2207 LMX. Wristband Colour: black

Essentials & Accessories



LMX2208.BLACK LMX. Baseball cap (black)
One size fits most



LMX2208.GREY LMX. Baseball cap (grey)
One size fits most



LMX2209.BLACK Crossmaxx® Snapback (black)
One size fits most



LMX2209.GREY Crossmaxx® Snapback (grey)
One size fits most

Training accessories



LMX1806 Crossmaxx® Mobility band roll Length: 7ft



LMX1815 Crossmaxx® Lifting straps



LMX1818 Crossmaxx® Wrist wrap



LMX1819 Crossmaxx® Wrist STRAP set

Training accessories



LMX1810 Crossmaxx® Weightlifting belt premium Leather | Colour: black | Available sizes: S, M, L, XL



LMX1811 Crossmaxx® Powerlifting belt Leather | Colour: black | Available sizes: S, M, L, XL, XXL



LMX1812 Crossmaxx® Nylon lifting belt Nylon | Colour: black/grey | Available sizes: S, M, L, XL



LMX1820 Hanging ab strap



LMX1821 Harness for sled Colour: black



LMX70 Crossmaxx® Dip belt Colour: black



LMX71 Head harness Colour: black



LMX1822 Crossmaxx® Cannonball grip
Per set | Colour: black



LMX1805 Gym chalk (magnesium) 8pcs per box

LMX1807 Liquid chalk





LMX1100.XX Gymball

Anti burst, tested up to 250 KG | Available in the following sizes: Ø55cm (purple or silver), Ø65cm (orange or silver), Ø75cm (green or silver)



LMX1102 Gymball base

Ø50cm | Colour red



LMX1110 Adjustable ankle/ weight set PRO (2x1,25 kg)

Velcro closing | adjustable weight



LMX1116 Mini band

Pack of 10pcs | Available in the following levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue)



LMX1115 Flex band

Length: 12m | Available in the following levels: light (yellow), medium (purple), heavy (blue)



LMX1101 Peanutball

Anti burst, tested up to 250 KG | Colour: silver



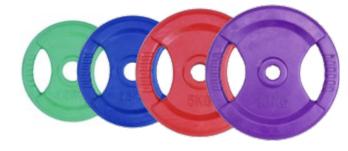
LMX1129 Body pump set dia. 30mm (coloured)

This set contains a body pump bar, weights (2x 1.25 KG, 2x 2.5 KG, 2x 5 KG) & collars



LMX1131 Body pump bar 30mm 1400mm with collar set

Ø30mm | Rubber grip | Weight: 2 KG | Length: 1400mm With spring collar set



LMX1132 Body pump disc

Rubber | Available in the following weights: 1.25, 2.5, 5, 10 KG Per piece | 1 year warranty



LMX1122 PRO step (3-level)

Anti-slip surface | three adjustable height levels: 150, 200 and 250mm Dimensions: L: 900 mm x W: 350mm



LMX1133 Body pump neck support roll

Length: 200mm | Velcro closing



Aerobic mat

Durable honeycomb structure | Eco friendly material | With eyelets for easy storage

LMX1220

Dimensions: L: 1400mm x W: 600mm x H: 16mm | Colour: black or blue

LMX1221

Dimensions: L: 1800mm x W: 600mm x H: 16mm | Colour: black or blue



LMX1222 Pilates/yoga mat

Durable honeycomb structure | With eyelets for easy storage | Dimensions: L: 1800mm x W: 600mm x H: 8mm | Colour: green



LMX1150 Vinyl dumbbellset

Per set | Available in the following weights: 0.5, 1, 1.5, 2, 3, 4, 5 KG



LMX1180 Crossmaxx® Resistance band

Latex | Available levels: level 1 (red, W: 13.4mm), level 2 (green, W: 28.6mm), level 3 (orange, W: 44.5mm), level: 4 (blue, W: 63.5mm), level: 5 (purple, W: 82.6mm) | Length: 1040mm | Thickness: 4.5mm



LMX1181 Crossmaxx® Mini resistance band set (8pcs)

Latex | Set of 8 pieces | Contains 2 pcs the following levels: level 1 (red, W: 12.7mm), level 2 (black, W: 22.2mm), level 3 (green, W: 28.5mm), level: 4 (orange, W: 44.4mm) | Length: 305mm | Thickness: 4.5mm



LMX1223 LMX. Studio mat

Dimensions: L: 1200mm x W: 60mm | Colour: grey



LMX1240 Slamball

Does not bounce when dropped | Sand filling Available weight: 6, 8, 10, 12, 16, 20, 35, 50, 70 KG | Colour: black



LMX1243 Crossmaxx® RBBR wallball

High absorption level | Material: rubber | Ø35mm Available weights: 3, 6, 9, 12, 15 KG



LMX1245 Crossmaxx® wall ball

High absorption level | Rubber filling | 2 KG ball Ø250mm Other weights Ø350mm | Available weights: 2, 4, 6, 8, 9, 10, 12 KG



LMX1250 Medicine ball

Textured rubber surface | Available weights: 1, 2, 3, 4, 5 KG



LMX1250 Double handle medicine ball

Textured rubber surface | With ergonomic handles Available weights: 6, 7, 8, 9, 10 KG



LMX1260 Pilates ball

Available sizes and colours: Ø20cm (blue), Ø25cm (yellow)



LMX1260.BAG Pilates ball net



LMX1271 Agility hurdle set

Set contains 4 hurdles | Twist hurdle to adjust height from 170mm to 300mm | Colour: green



LMX1272 SAQ resistance set

Set contains: 1 harness, 2 resistance tubes (260mm) and 2 handles Available levels: level 1 (green), level 2 (blue), level 3 (grey)



Speed ladder With bag

LMX1270 Length: 4,5m



LMX1274 Reaction ball

Ø70mm | Colour: red

LMX1277.1 Rubber roll-out ladder

Dimensions: L: 4500mm x W: 400mm x H: 3mm | Material: rubber



LMX1170 Training tube

With exchangeable canvas protection | Length: 1220mm Material: Latex | Available in 5 resistance levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue), level 5 (purple)



LMX1282 Crossmaxx® 4 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) can be customised | Count down (0:00 to 99:59) - can be customised Custom programmable intervals | Loud beep | Remote controlled



LMX1283 Crossmaxx® 6 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) - can be customised | Count down (0:00 to 99:59) - can be customised Custom programmable intervals | Interval rounds shown | Loud beep Remote controlled



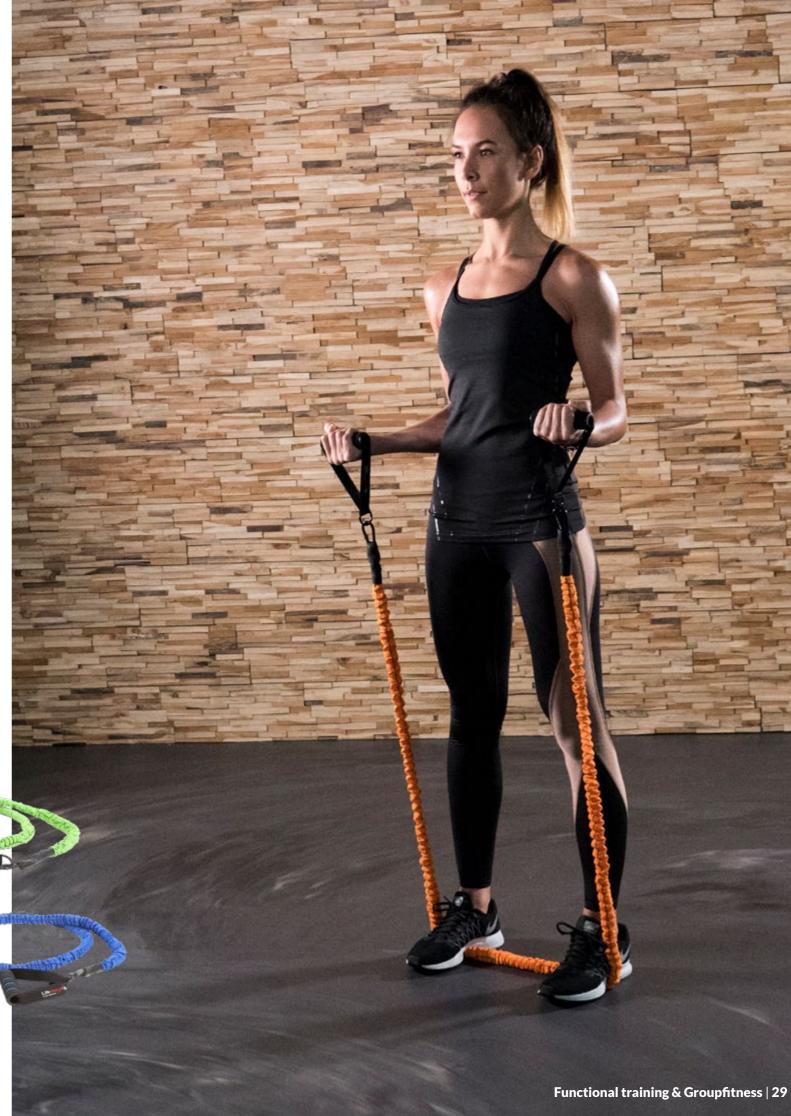
LMX1284 Remote for Crossmaxx® timer

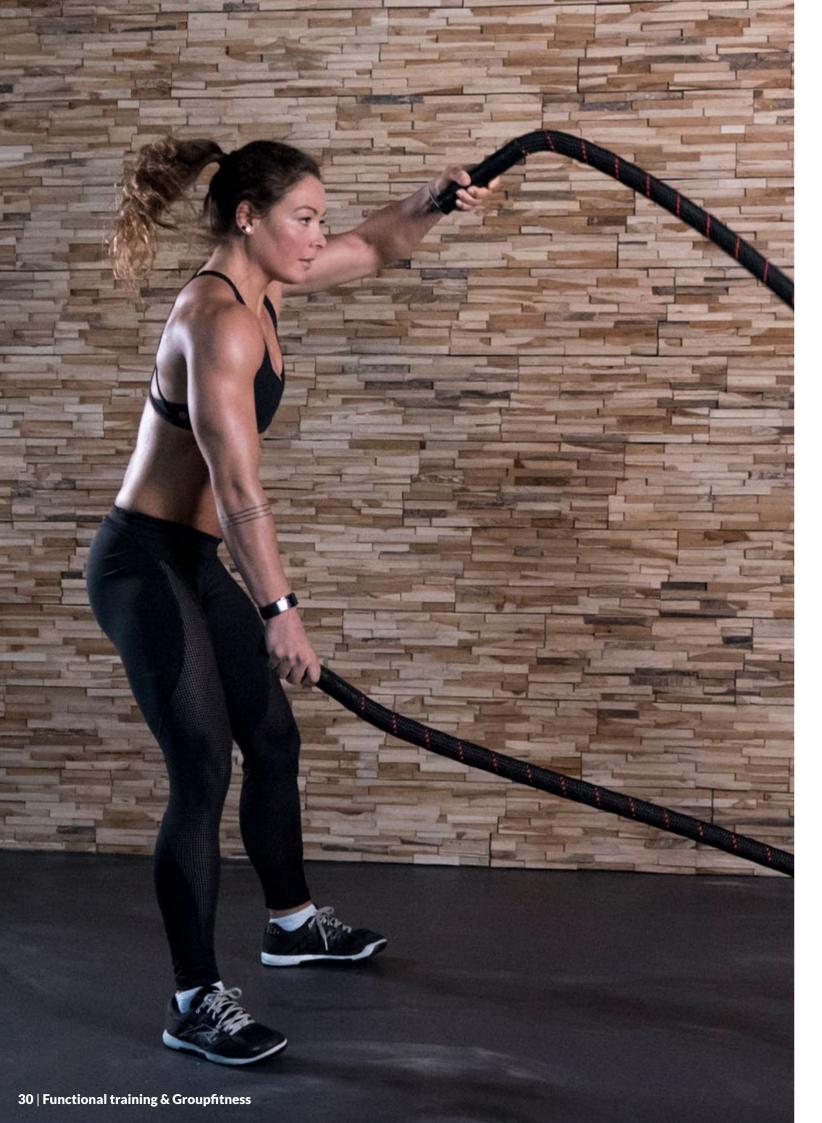
Suitable for LMX1282 Crossmaxx $^{\$}$ 4 digit timer & LMX1283 Crossmaxx $^{\$}$ 6 digit timer



LMX1171 Power tube

With canvas protection | Length: 1250mm | Material: Latex | Available in 4 resistance levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue)







LMX1275 Cones

25 cones per set | With rack for easy storage | Colour: orange



LMX1276 Marking cone

Height: 150mm | Per piece | Colour: orange



Battle rope

Length: 15m | Material: PP | Colour: black

LMX1285.1 Ø1" (2,5cm)

LMX1285.2 Ø1,5" (3,7cm)

LMX1285.3 Ø2" (5cm)



Battle rope with sleeve

Length: 12m | With canvas cover

LMX1287.1 Ø1,5" (3,7cm)

LMX1287.2 Ø2" (5cm)



LMX1288.1 Crossmaxx® Premium Battle rope 1,5"

Length 12m | Material: Nylon | Colour: black



LMX1289 Crossmaxx® Climbing rope

Length 6m | Material: Sisal



LMX1290 Leather jump rope

Length: 270cm | With bearing



LMX1290.W Weighted jump rope

PVC coated steel cable | Weighted handles (can be removed)
Adjustable length



LMX1291 Crossmaxx® Speed rope

With bearing | Adjustable length



LMX1291.CABLE Crossmaxx® Speed rope cable PRO

 \emptyset 2.4mm | L: 300cm | Colour: red | Suitable for LMX1291 Crossmaxx $^{\otimes}$ speedrope



Soft plyo box

Soft anti-slip surface | Boxes can be stacked and secured with Velcro strips | Dimensions: L: 900mm x W: 700mm

LMX1297.30 Height: 300mm (orange)
LMX1297.45 Height: 450mm (grey)
LMX1297.60 Height: 600mm (black)



LMX1299 Crossmaxx® Wooden jerk block set

Full set | Set contains: 4 blocks height 15cm, 2 blocks height 30cm, 2 blocks height 38cm | High quality plywood



Functional Speed rope
With bearing | Adjustable length

LMX1292B Colour: black
LMX1292R Colour: red



LMX1296 Crossmaxx® Wooden plyo box (3-level)

Made from thick 20mm plywood | Can be used on all sides Dimensions: L: 760mm x W: 610mm x H: 510mm



LMX1297.MULTIR Crossmaxx® 3-in-1 Soft plyo box

Can be used on all sides | Dimensions: L: $760 \text{mm} \times \text{W}$: $610 \text{mm} \times \text{H}$: $510 \text{mm} \times \text{Colour}$: red



LMX1297.MULTIG Crossmaxx® 3-in-1 Soft plyo box

Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm Colour: grey





LMX1401 Ab wheel



LMX1406 Ab wheel PRO



LMX1405 Equalizer set
Height: 700mm | Colour: black





LMX1402 3-way push-up twister

Product has multiple functions: traditional push up, rotating push-up and twister | Per set



LMX1403 Push-up bar

Anti slip | Per set



LMX1450 Gravity boots

Can be hooked to bars up to Ø30mm | With comfortable padding With safety lock



LMX1455 Crossmaxx® Macebell

Iron | Available in the following weights: 4, 6, 8, 10, 12, 16, 20 KG Handle \emptyset between 30 and 40mm | Length between 104 - 108cm Width between 9 - 18cm | Per piece



LMX1501 PT4Pro suspension trainer kit

This kit contains: 2 ergonomic handles, 1 anchor line, 2 adjustable base lines, 1 travel bag, 1 manual with clear instructions



LMX1501.R PT4Pro training ring set (black)

Add-on for the PT4Pro® suspension trainer



LMX1503 Wooden training ring set

Set contains: 2 wooden rings (1,25"), 2 high quality adjustable straps with marking



LMX1504 Strap set for training rings (2x16ft)

Set contains 2 adjustable straps with marking | Length: 4,88m



LMX1501.P PT4Pro rotation pulley (black)

Add-on for the PT4Pro® suspension trainer | Without handles



LMX1502 Training ring set

Set contains: 2 ABS rings, 2 high quality adjustable straps with marking



LMX1505 Crossmaxx® Competition ring straps (set)

Set contains 2 straps with marking | Length: 250cm per piece



Challenge bag

With strong nylon straps | 5 ergonomic grips

 LMX1550.06 6 KG (orange)
 LMX1550.12 12 KG (blue)

 LMX1550.08 8 KG (yellow)
 LMX1550.16 16 KG (green)

 LMX1550.10 10 KG (red)
 LMX1550.20 20 KG (black)









Suples® Bulgarian Bag Synthetic Leather

SUPLES01 Size: XS | Weight: 5 KG | Colour: yellow SUPLES02 Size: S | Weight: 8 KG | Colour: green SUPLES03 Size: M | Weight: 12 KG | Colour: red SUPLES04 Size: L | Weight: 17 KG | Colour: grey



LMX1605 Air stability disc Ø330mm | Colour: yellow



LMX2106 Vicore® Terra Core

Dimensions: L: 1170mm x W: 440mm x H: 260mm | Weight: 13 KG

Colour: black

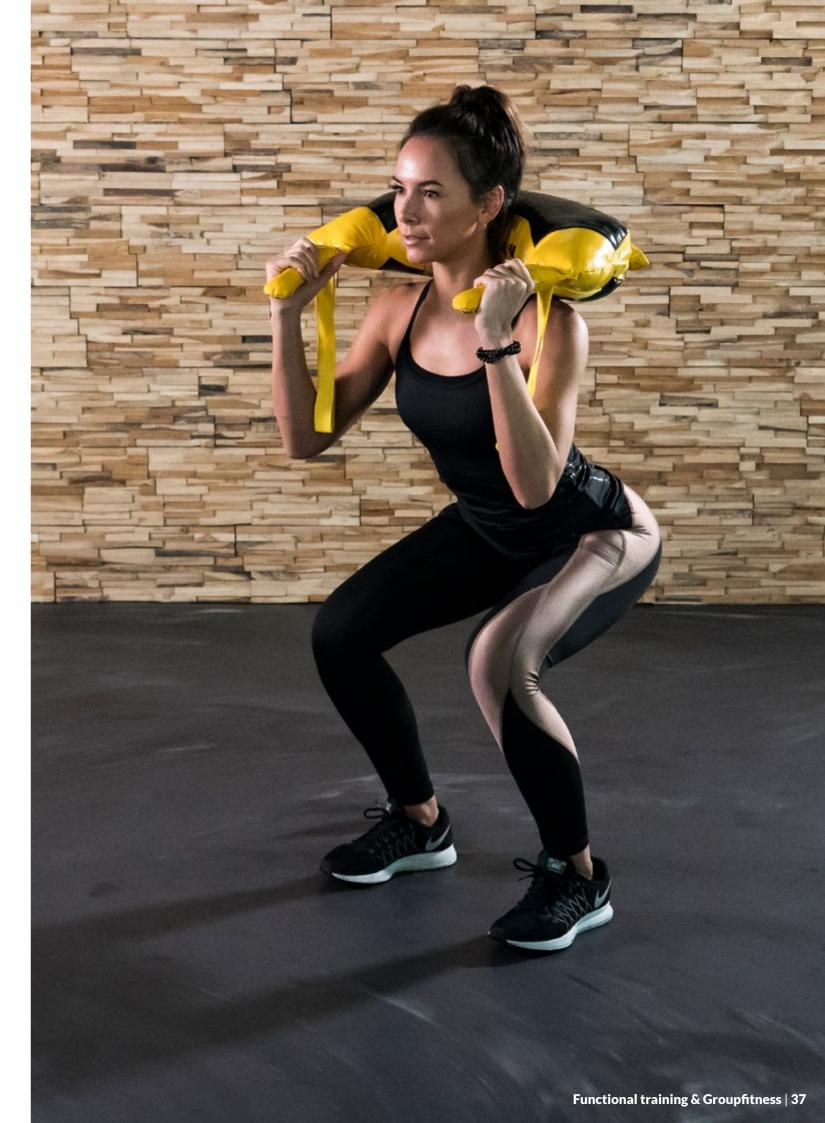


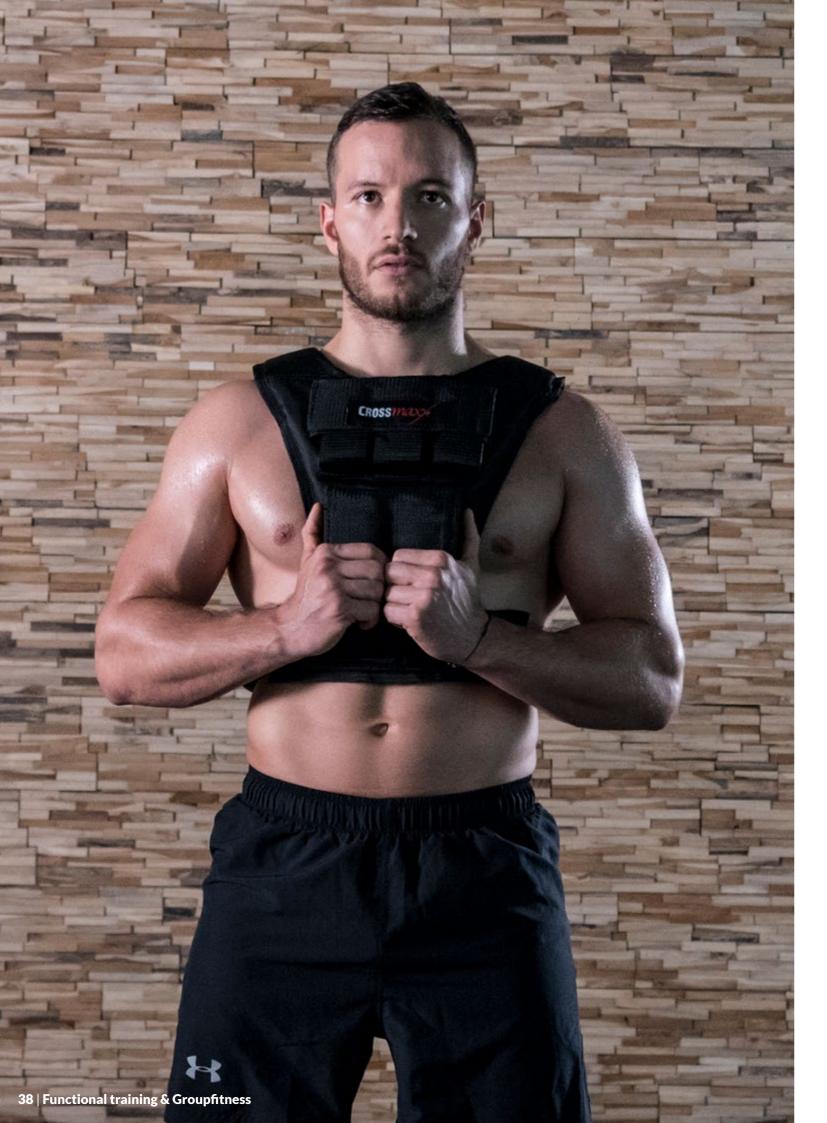
Balance dome PRO Ø590mm

LMX1600.1 Height: 240mm (orange) **LMX1600.2** Height: 210mm (blue)



SUPLES05 Bulgarian Bag DVD Instructional DVD







LMX1610 EVA foamroller

Eco friendly EVA foam material | Ø150mm | Length: 900mm | Colour: blue



LMX1612 Performance roller XL

Ø135mm | Length: 610mm | Colour: black



LMX1900 Weight vest PRO

One size fits all | Maximum weight: 10 KG | Weight can be adjusted



LMX1551 Crossmaxx® BigBoy Sandbag

 $\label{eq:colour:Black | Available in size: XS (max 30KG), S (max 45KG), M (max 65KG), L (max 85KG), XL (max 115KG) | Will be delivered without filling$



LMX1611 Performance roller

Ø135mm | Length: 330mm | Colour: blue



LMX1613 Grid roller PRO

Ø130mm | Length: 360mm | Colour: dark blue



LMX1906 Crossmaxx® Ab mat PRO

Durable material | Anti-slip bottom | Colour: black



LMX1614 Crossmaxx® Lacrosse ball

Colour: red | Diameter: Ø64,5mm



LMX0605 PRO abroller

Weight: 12 KG | Colour: silver





LMX1022 Total core trainer with handle

Suitable for all Ø50mm bars | With handle | Weight: 27 KG | Colour: black



LMX1028 Crossmaxx® Sled compact

Belt included | Sleeves suitable for all Ø50mm weight plates Colour: black



LMX1029 Crossmaxx® Total core trainer handle

Suitable for all Ø50mm bars | Brushed steel finishing



LMX1023 Crossmaxx® Power sled

Harness included | Dimensions: L: 1100mm x W: 700mm x H: 1090mm Sleeves suitable for all Ø50mm weight plates | Weight: 30 KG Colour: black



LMX1019 Crossmaxx® Post landmine

To be used with Ø50mm weight plate | Suitable for all Ø50mm bars Colour: black



LMX1701 Crossmaxx® Parallettes

Dimensions: L: 580mm x W: 350mm x H: 300mm | Handle Ø30mm Per set | Colour: black



LMX1703 Crossmaxx® Parallettes V2

Dimensions: L: 450mm x W: 325mm x H: 165mm | Handle Ø30mm Per set | Colour: black



Free weight racks



LMX94 Lifemaxx® PU dumbbell tower

Dimensions: L: 720 x W: 480 x H: 1600mm | Suitable for 10 sets of dumbbells (LMX72 series) | Fillable with water or sand for even more stability | Without dumbbells | Colour: black



LMX82W Dumbbell tower (black)

Dimensions: L: $550 \, \text{mm} \, \text{x} \, \text{W}$: $450 \, \text{mm} \, \text{x} \, \text{H}$: $1350 \, \text{mm} \, \text{|} \, \, \text{Suitable for}$ LMX79 Fixed dumbbells and LMX80 Chrome dumbbells



Dumbbell rack with 2 tiers

With dumbbellsaddles | Easily expandable | Available colour: black Suitable for LMX72 PU dumbbells, LMX79 Fixed dumbbells, LMX75 Dumbbells

LMX1012.5 - 5 pair Dimensions: L: 1200mm x W: 600mm x H: 800mm

LMX1012.6 - 6 pair Dimensions: L: 1450mm x W: 600mm x H: 800mm

LMX1012.10 - 10 pair Dimensions: L: 2400mm x W: 600mm x H: 800mm

LMX1012.12 - 12 pair Dimensions: L: 2900mm x W: 600mm x H: 800mm

LMX1012.15 - 15 pair Dimensions: L: 3600mm x W: 600mm x H: 800mm

LMX1012.18 - 18 pair Dimensions: L: 4350mm x W: 600mm x H: 800mm

LMX1012.20 - 20 pair Dimensions: L: 4800mm x W: 600mm x H: 800mm



LMX1013 Vertical dumbbellrack for fixed dumbbells

Dimensions: L: 800mm x W: 1030mm x H: 1480mm | Suitable for

LMX79 Fixed dumbbells: 1 - 10 KG with 1 KG increment & 12 - 20 KG

with 2 KG increment | Colour: silver

Free weight racks



LMX1031 Crossmaxx® Bumper plate rack Colour: black



LMX 1032 Crossmaxx® Bumper plate stacker on wheels Height of pin: 700mm | Colour: black



LMX1025 Vertical bar rack

For 5 bars | Available for Ø30mm bars (LMX1025.30) and Ø50mm bars (LMX1025.50) | Dimensions: L: 500mm x W: 500mm x H: 250mm Colour: silver



LMX1030 Weightplate rack
Dimensions: L 1100mm x W: 750mm x H: 1400mm
Suitable for all LMX Ø50mm discs | Colour: silver or black



LMX1145 Crossmaxx® Kettlebell rack
Dimensions: L: 1200mm x W: 650mm x H: 760mm | Colour: black



LMX1146 Kettlebell rack
Dimensions: L: 1400mm x W: 550mm x H: 630mm | Colour: silver



LMX1027 Crossmaxx® Wall mounted bar rack
For 6 bars | With PVC lining to protect your bars | Colour: black



LMX1033 Crossmaxx® 9 bar holder For 9 bars | Suitable for Ø50mm bars | Dimensions: L: 500mm x W: 500mm x H: 300mm | Colour: black



LMX1041 Accessory tower
Ideal storage for all cable attachments | Dimensions:
L: 650mm x W: 650mm x H: 1000mm | Colour: black



44 | Racks & Benches | Free weight racks | 45

Free weight racks



LMX1745 Crossmaxx® Squat stand Dimensions: L: 680mm x W: 640mm x H: 1810mm Bar and plates not included | Colour: black



LMX1301 Squat rack With Olympic weight plate storage pins | Dimensions: L: 1720mm x W: 1260mm x H: 1860mm | Colour: silver









LMX1740 Crossmaxx® Squat rack Dimensions: L: 1280mm x W: 1455mm x H: 1880mm Adjustable spotting arms and J-hooks | Colour: black



LMX1058 Crossmaxx® Yoke PRO

Dimensions: L: 1260mm x W: 1260mm x H: 2720mm | Adjustable beam and J-hooks | Can be used as pulling device, harness included | Can be used as squat rack | Colour: black

Functional training & Groupfitness racks



LMX1100 Gymball holder



LMX1105 Gymball rack
For 9 gymballs | Height: 1950mm | Colour: black



LMX1104 Gymball wall holder Colour: black



LMX1143 Body pump rack. For max. 30 sets

Provision for max. 30 body pump sets (Code: LMX1129) With multidirectional wheels | Dimensions: L: 1140mm x W: 1100mm x H: 1440mm
Colour: silver



LMX1144 Body pump rack. For max. 10 sets
Provision for max. 10 body pump sets (Code: LMX1129)
Dimensions: L: 750mm x W: 780mm x H: 1250mm | Colour: silver



LMX1225 Aerobic mat wall rack. For 10 mats (steel frame)
Suitable for 10 LMX aerobic mats | Easy wall mounting

Colour: black



LMX1151 Vinyl dumbbell rack with multi dir. wheels
Suitable for LMX1150 vinyl dumbbells | With multi directional wheels
Dimensions: L: 900mm x W: 510mm x H: 900mm | Colour: black



Aerobic mat rack

LMX1226 Suitable for 30 aerobic mats of 140cm | Dimensions: L: 730mm x W: 600mm x H: 1600mm | Colour: silver

LMX1227 Suitable for 30 aerobic mats of 180cm | Dimensions: L: 730mm x W: 600mm x H: 2000mm | Colour: black

Functional training & Groupfitness racks



LMX1247 Storage cart

Dimensions: L: 1270mm x W: 620mm x H: 950mm Colour: black



LMX1248 Wallball rack. For 4 wallballs

Colour: black



LMX1286 Wall mount

Provides a solution for battle ropes and suspension trainers Dimensions: L: 300mm x W: 100mm | Colour: black



LMX1246 Wallball rack

Suitable for storage of 12 wallballs | Colour: black



LMX1251 Medicineball rack. For 5 medicineballs

For 5 medicineballs | Dimensions: L: 470 x W: 550mm x H: 1360mm Colour: black



LMX1253 Medicineball rack. For 10 medicineballs

For 10 medicineballs | Dimensions: L: $470 \times W$: $900 \text{mm} \times H$: 1360 mm Colour: black



LMX1552 Sandbag rack

Suitable for 5-10 sandbags / challenge bags | Colour: black



LMX1576 Challenge bag rack. For 12 challenge bags

Suitable for storage of 12 challenge bags | Dimensions: L: 760mm x W: 790mm x H: 1450mm | Colour: black



LMX1704 Crossmaxx® Chalk stand

Dimensions: L: 500mm x W: 500mm x H: 915mm Inner diameter of bowl: 275mm | Colour: black

Functional training & Groupfitness racks



LMX1700 Crossmaxx® Wall mounted pull-up rack
Dimensions: L: 1250mm x W: 800mm | Grip Ø30mm | Colour: black



LMX1702 Crossmaxx® Multi-grip pull-up rack
Dimensions: L: 1310mm x W: 600mm | Grip Ø30mm | Colour: silver or black

Benches



LMX1060 LMX. Multi purpose bench

Seat adjustable in 3 positions | Back adjustable in 9 positions Dimensions: L: 1220mm x W: 540mm x H: 520mm | Weight: 40 KG PU cushion | Colour: black



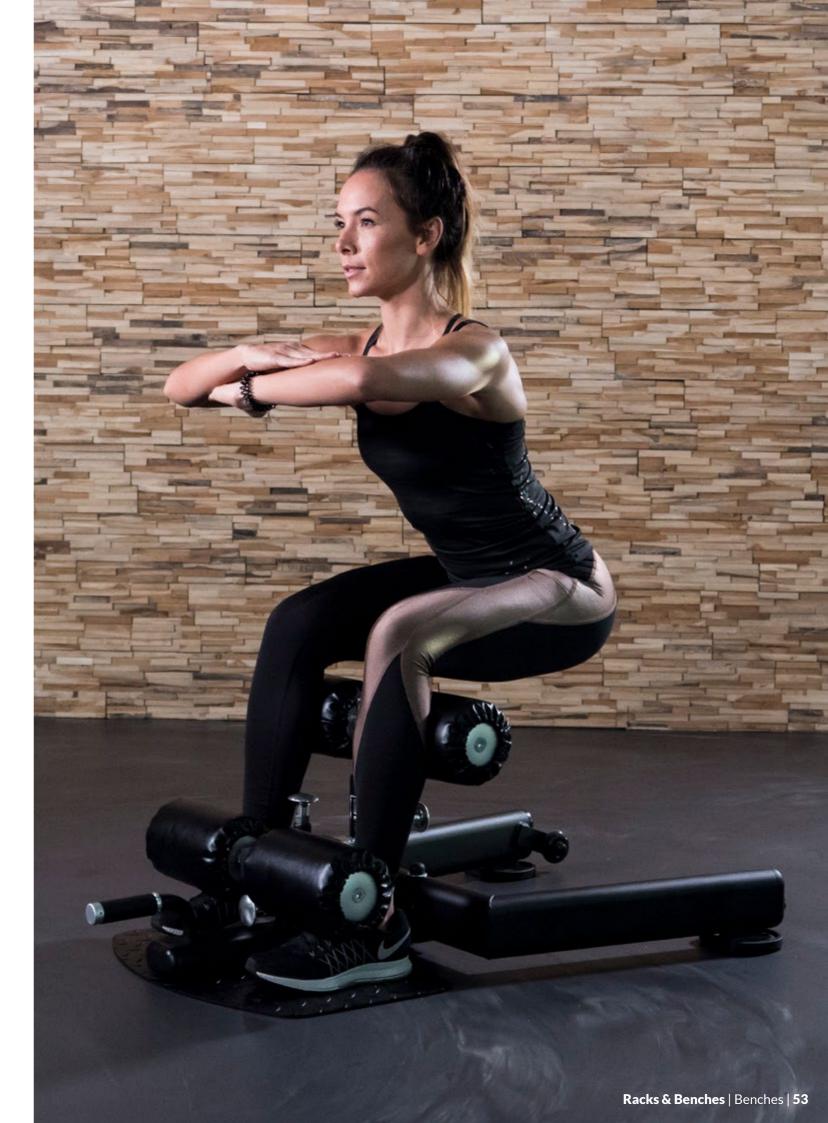
LMX 1061 LMX. Flat bench

Dimensions: L: 1220mm x W: 540mm x H: 520mm | Weight: 25 KG

PU cushion | Colour: black



LMX1304 Sissy squat bench PRO
Dimensions: L: 1150mm x W: 780mm x H: 440mm | Weight: 25 KG
Colour: black



Benches



LMX1062 LMX. Olympic press bench

Dimensions: L: 1550mm x W: 1240mm x H: 1260mm | Weight: 65 KG PU cushion | Colour: black



LMX1063 LMX. Olympic decline bench

Adjustable in 10 positions | Dimensions: L: 2000mm x W: 1240mm x H: 1250mm | Weight: 80 KG | PU cushion | Colour: black



LMX1064 LMX. Olympic incline bench

Seat adjustable in 8 positions | Dimensions: L: 1850mm x W: 1240mm x H: 156mm | Weight: 85 KG | PU cushion | Colour: black



LMX1066 LMX. Barbell rack for 5 pcs

Dimensions: L: 800mm x W: 750mm x H: 1400mm | Weight: 40 KG Colour: black



LMX1067 LMX. Barbell rack for 10 pcs

Dimensions: L: 800mm x W: 1100mm x H: 1400mm | Weight: 50 KG Colour: black



LMX1742 Crossmaxx® Glute Ham Developer PRO

Adjustable in 13 positions | Dimensions: L: 1500mm x W: 970mm x H: 105mm | Weight: 60 KG | With pins for resistance bands (LMX1180) | Colour: black



LMX1743 Crossmaxx® Flat bench

Colour: black



LMX1057 Crossmaxx® Hip Thrust bench

Dimensions: L: 1600mm x W: 1020mm x H: 480mm | With 4 band pegs Weight: 45 KG | With wheels for easy movement | Colour: black







LMX1055 Adjustable bench

Adjustable in 7 positions | Dimensions: L: 1350mm x W: 700mm Colour: black

54 | Racks & Benches | Ben

LIFEMAXX® FUNCTIONAL RACK Racks & Accessories The Lifemaxx® Functional Rack is a multifunctional piece of equipment that can be deployed in many different ways, creating an inspiring fitness experience. This one single piece of equipment is suitable for athletes of all levels and can be used for individual training, PT sessions and small group workouts. The Lifemaxx® Functional Rack capitalizes on the latest trends and developments relating to functional training. There is a Functional Rack for every space. The following models are available; Functional Rack Large, Functional Rack Small or Functional Wall Rack, a wall-mounted model. The Large and Small models can be customized with many different options and accessories. Also available; FANATIC, a complete 12-month training program to implement functional small group workouts in your facility. 56 | Lifemaxx Functional Rack

Racks & Accessories Functional Rack Large & Small



LMX1855 Functional Rack Large

Dimensions: $493 \times 220 \times 262 \text{ cm}$ (LxWxH)

Colour options:

LMX1855.1 Dark grey frame/Dark grey top

LMX1855.2 Orange frame/Orange top LMX1855.3 Dark grey frame/Orange top

LIVIA 1033.3 Dark grey frame/Orange to





LMX1850 Functional Rack Small

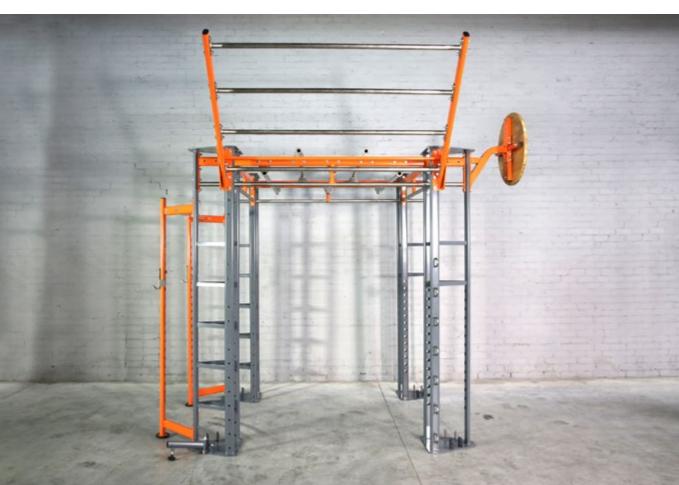
Dimensions: 253 x 220 x 262 cm (LxWxH) Colour options:

LMX1850.1 Dark grey frame/Dark grey top **LMX1850.2** Orange frame/Orange top

LMX1850.3 Dark grey frame/Orange top LMX1850.4 Orange frame/Dark grey top

Racks & Accessories Functional Rack Large & Small











LMX1860.0 Wallball target board Dimensions: 253 x 220 x 262 cm (LxWxH)

Colour: orange

Dip station

Dimensions: 253 x 220 x 262 cm (LxWxH) Colour options:

LMX1861.O Dip Station, Orange LMX1861.G Dip Station, Grey

Racks & Accessories Functional Rack Large & Small



Plyo platform

Dimensions: 253 x 220 x 262 cm (LxWxH) Colour options:

LMX1862.O Plyo Platform, Orange LMX1862.G Plyo Platform, Grey



Total core trainer

Dimensions: 253 x 220 x 262 cm (LxWxH)

LMX1863.0 Total Core Trainer, Orange **LMX1863.G** Total Core Trainer, Grey



Boxing bag arm

LMX1864.0 Boxing Bag Arm, Orange LMX1864.G Boxing Bag Arm, Grey



Pull Up on sliding rails

LMX1865.0 Pull Up on sliding rails, Orange **LMX1865.G** Pull Up on sliding rails, Grey

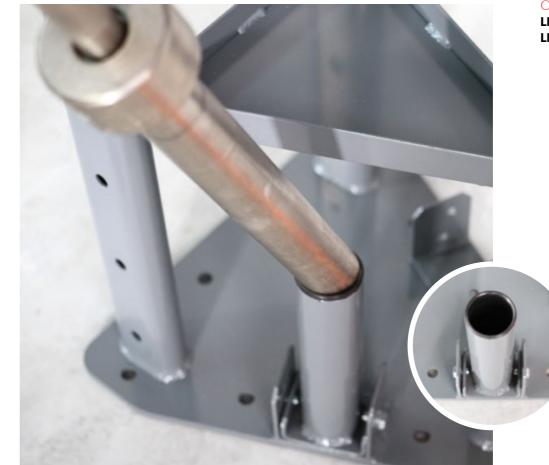
Racks & Accessories Functional Rack Large & Small





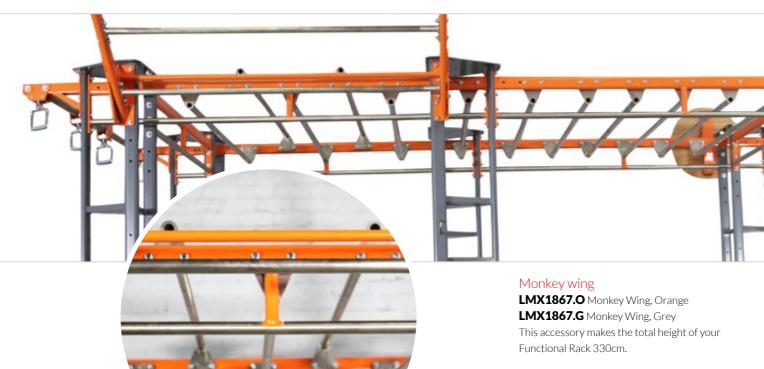
Squat rack attachment

LMX1866.O Squat rack attachment, Orange **LMX1866.G** Squat rack attachment, Grey This accessory makes the length of your Functional Rack 50cm longer.



Olympic bar storage

LMX1868.0 Olympic bar storage, Orange **LMX1868.G** Olympic bar storage, Grey



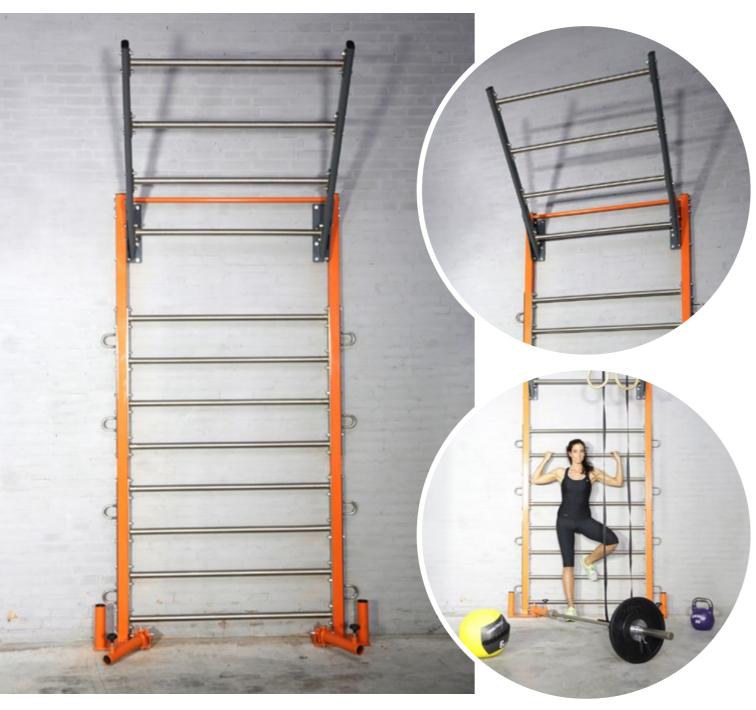


Adjustable pulley

LMX1869.G Adjustable Pulley, Grey 100 KG weight stack | Adjustable in 13 positions Dual handle | This accessory makes the length or width of your Functional Rack 75cm longer/wider.



Functional Wall Rack



Functional Wall Rack

LMX1880.1 Functional wall rack, Orange frame/Orange top

LMX1880.2 Functional wall rack, Grey frame/Grey top

LMX1880.3 Functional wall rack, Grey frame/Orange top

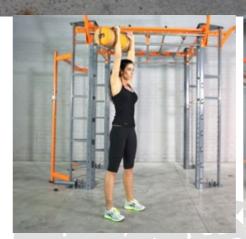
LMX1880.4 Functional wall rack, Orange frame/Grey top

Width: 161cm | Height: 329cm | 2 Olympic bar holders

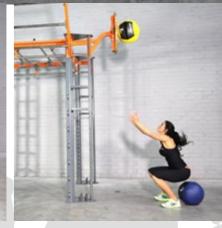
2 Total Core Trainers | Anchors for battle rope and resistance trainers

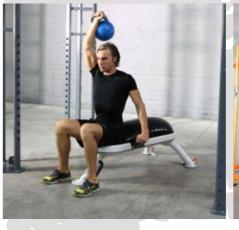


The FANATIC training program is a monthly changing, license free, 30 minute functional training program for your Lifemaxx® Functional Rack. It is developed to offer the participants a fun, challenging and effective training, under the guidance of a good instructor. The training program consist of 100% functional movements, movements that are made in everyday life. The FANATIC workouts ensure that the participants are always challenged at their own level and will make the training a place of joy and experience.





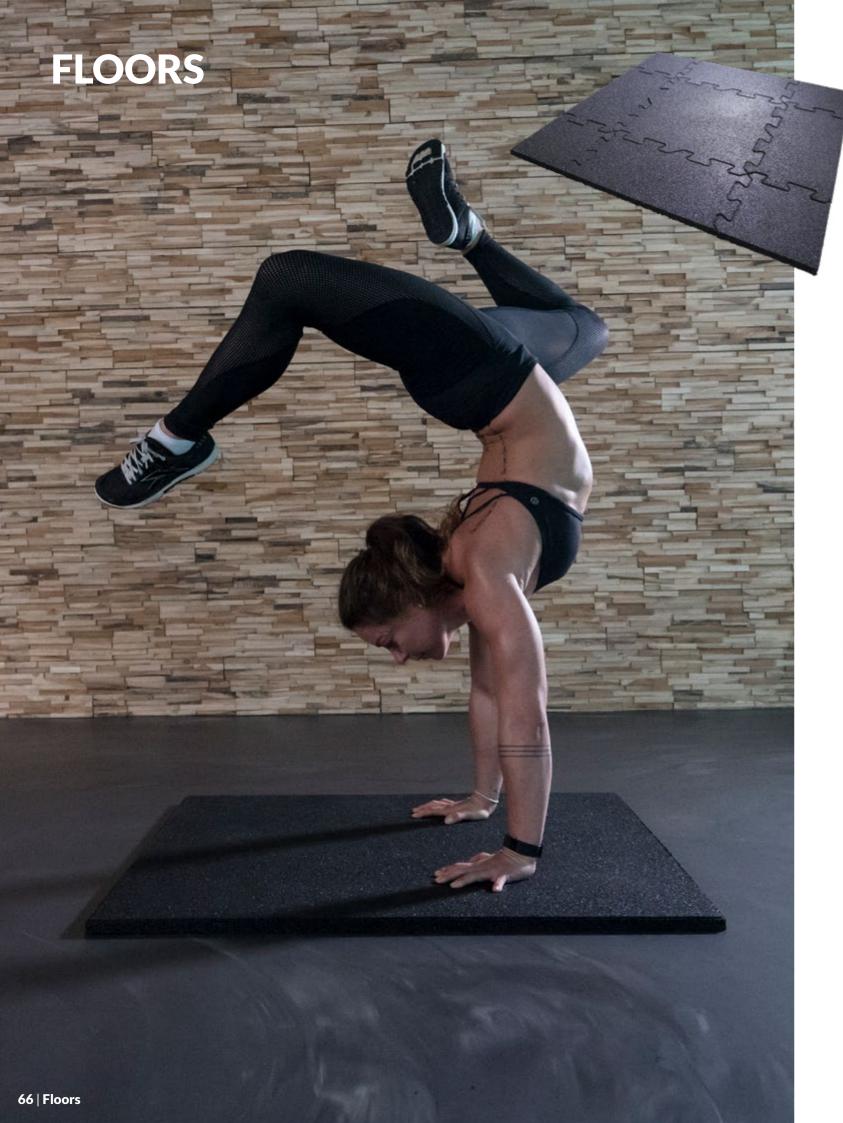














LMX1345 Crossmaxx® 20mm jigsaw tile

Dimensions: L: 500mm x W: 500mm x H: 20mm | Colour: black



LMX1346 Crossmaxx® 20mm jigsaw edge

Dimensions: L: 500mm x W: 250mm x H: 20mm | Colour: black



LMX1347 Crossmaxx® 20mm jigsaw corner

Dimensions: L: 250mm x W: 250mm x H: 20mm | Colour: black



LMX1361 Crossmaxx® Premium floor BRANDED

Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer Colour: black with Crossmaxx logo



LMX1360 Crossmaxx® Premium floor

Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer Colour: black with 15% white



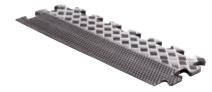
LMX1340 Rubber tile 1m2

Dimensions: L: 1000 x W: 1000 x H: 20mm | Colour: black



LMX1350 Rubber floor mat

Made of high density rubber | Dimensions: L: 500mm x W: 500mm x H: 10mm | Colour: black



LMX1351 Rubber floor edge

Made of high density rubber | Dimensions: L: 500mm x W: 160mm x H: 10mm | Sloping | Colour: black



LMX1352 Rubber floor corner

Made of high density rubber | Dimensions: L: 160mm x W: 160mm x H: 10mm | Sloping | Colour: black





LMX1362 Premium floor connector 2 studs

Interlocking device for LMX1360 floor Quantity needed: circumference of the whole area

LMX1363 Premium floor connector 4 studs

Interlocking device for LMX1360 floor

Quantity needed: quantity of tiles*5-(circumference*1.5)

CROSSMAXX® Strength Olympic bars | Jerk blocks | Platform | Bumper plates Collars & chains | Dumbbells | Kettlebells | Core training Sandbags 68 | Crossmaxx | Strength

Olympic bars



LMX30 Olympic competition bar

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm Weight: 20 KG | Maximum load: 675 KG | Spring steel Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX38 Olympic competition women's bar

Length: 2010mm | Handle Ø25mm | Sleeve Ø50mm Weight: 15 KG | Maximum load: 475 KG | Spring steel Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX43 Crossmaxx® Olympic compact competition bar

Length: 1780mm | Handle Ø28,5mm | Sleeve Ø50mm | Weight: 16 KG Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX39.2 Crossmaxx® Olympic Swiss bar PRO

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm



LMX37 Olympic hex bar

Length: 1400mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20,5 KG Maximum load: 315 KG | Brushed steel finishing



LMX34 Crossmaxx® Olympic competition bar

(black/chrome)

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm | Weight: 20 KG Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX44 Crossmaxx® Olympic competition women's bar (black/chrome)

Length: 2010mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 15 KG Maximum load: 1200LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX32.04 Crossmaxx® Olympic Junior bar 50mm, 10kg (black/chrome)

Length: 1700mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 10 KG | Maximum load: 475kg | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX32.03 Crossmaxx® Aluminum technique bar 3kg

Length: 1500mm | Handle Ø28mm | Weight: 3 KG | Aluminum



LMX39 Crossmaxx® Farmer's walk set

Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG, per piece Maximum load per handle: 300 KG | Colour: black

Olympic bars



Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm Maximum load: 450 KG





LMX40 Crossmaxx® Axle bar with collars

Length: 2200mm | Handle Ø50mm | Sleeve Ø50mm | Weight: 20 KG Maximum load: 675 KG | Colour: black



LMX39.1 Crossmaxx® Strongman Log bar

Weight: 45 KG | 4 handles | Colour: black

Jerk blocks



LMX1299 Crossmaxx® Wooden jerk block set

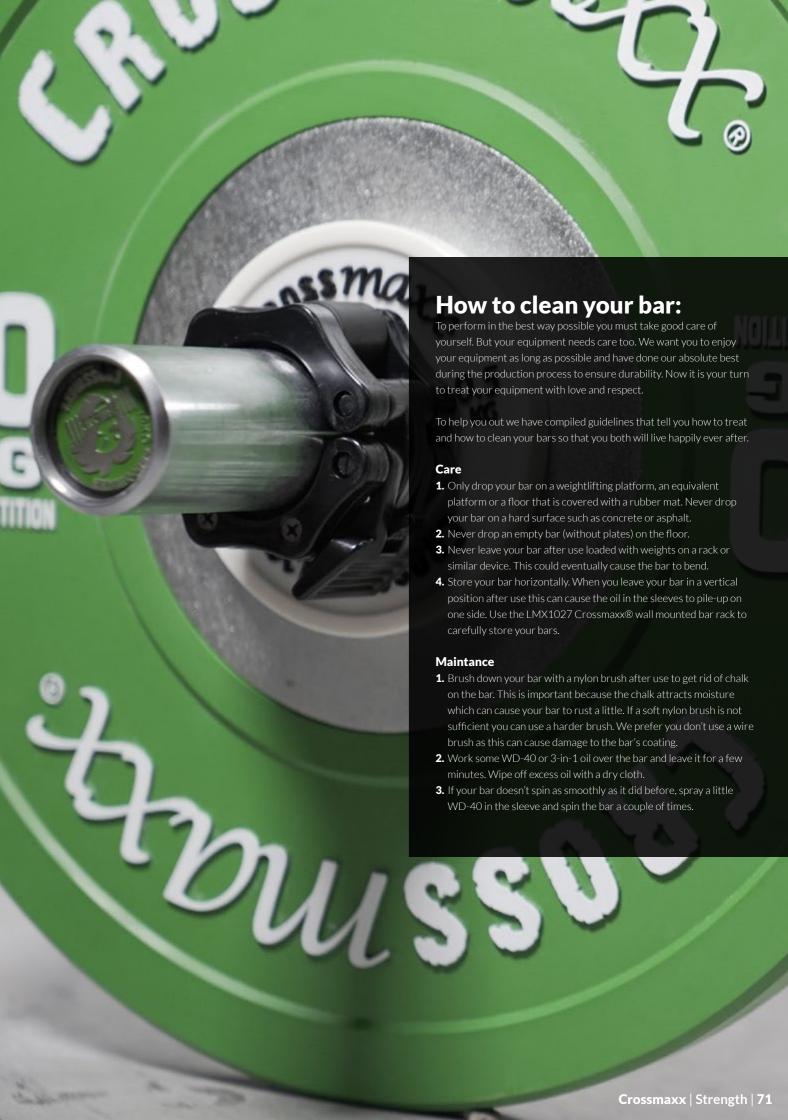
Full set | Set contains: 4 blocks height 15cm, 2 blocks height 30cm, 2 blocks height 38cm | High quality plywood

Platform



LMX1744 Crossmaxx® Lifting platform 300x200cm

Size: 3000mm x 2000mm | Bamboo wooden platform | Rubber tiles 30mm



Bumper plates

Crossm Crossm Crossmab. 10 15 20 25 57 Thomas House House Houseout?

LMX85C Crossmaxx® Competition bumper plate (coloured)

Ø50mm | Rubber | Available in the following weights: 10, 15, 20, 25 KG Stainless steel inserts | Per piece | 1 year warranty



LMX85 Crossmaxx® Competition bumper plate (black)

Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG Stainless steel inserts | Per piece | 1 year warranty



LMX87 Crossmaxx® Bumper plate

Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX87.025 Crossmaxx® Technique plate

Ø50mm | PVC | Available in 2,5 KG | Per piece | Plate Ø 450mm 1 year warranty



LMX95 Crossmaxx® ELITE fractional plate

Poly urethane | Available in the following weights: 0.5, 1, 1.5, 2, 2.5, 5kg | Per piece | 1 year warranty

Collars & Chains



LMX51 Olympic spring collar

Ø50mm | Per set



LMX53 Fast lock collar

Ø50mm | Per set



Power chain set

Per set | Including collars

LMX68.08 8 KG per chain

LMX68.12 12 KG per chain

LMX68.16 16 KG per chain





Dumbbells



LMX81 Hexagon dumbbells

Rubber | Per set | 2,5 to 40 KG, 2,5 KG increment | 1 year warranty

Kettlebells



LMX88 Crossmaxx® Competition kettlebell Steel (4KG Aluminium) | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44 KG | Handle Ø33mm | Per piece



LMX93 Crossmaxx® Powdercoated kettlebell Iron | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40 KG | Per piece

Sandbags



LMX1551 Crossmaxx® BigBoy Sandbag
Colour: Black | Available in size: XS (max 30KG), S (max 45KG),
M (max 65KG), L (max 85KG), XL (max 115KG) | Will be delivered without filling

Core training



LMX1019 Crossmaxx® Post landmine

To be used with Ø50mm weight plate | Suitable for all Ø50mm bars Colour: black



LMX1022 Total core trainer with handle

Suitable for all Ø50mm bars | With handle | Weight: 27 KG Colour: black



LMX1029 Crossmaxx® Total core trainer handle Suitable for all Ø50mm bars | Brushed steel finishing



LMX1455 Crossmaxx® Macebell

Iron | Available in the following weights: 4, 6, 8, 10, 12, 16, 20 KG Handle \varnothing between 30 and 40mm | Length between 104 - 108cm Width between 9 - 18cm | Per piece























Gymnastic & Conditioning CROSS maxx 24 tinch 78 | Crossmaxx | Gymnastic & Conditioning

Gymnastic & Conditioning



Soft plyo box

Soft anti-slip surface | Boxes can be stacked and secured with Velcro strips | Dimensions: L: 900mm x W: 700mm

LMX1297.30 Height: 300mm (orange)
LMX1297.45 Height: 450mm (grey)
LMX1297.60 Height: 600mm (black)



LMX1291 Crossmaxx® Speed rope With bearing | Adjustable length



LMX1291.CABLE Crossmaxx® Speed rope cable PRO Ø2.4mm | L: 300cm | Colour: red



LMX1297.MULTIR Crossmaxx® 3-in-1 Soft plyo box Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm | Colour: red



LMX1297.MULTIG Crossmaxx® 3-in-1 Soft plyo box Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm | Colour: grey



LMX1296 Crossmaxx® Wooden plyo box (3-level) Made from thick 20mm plywood | Can be used on all sides Dimensions: L: 760mm x W: 610mm x H: 510mm

Gymnastic & Conditioning



LMX1502 Training ring set

Set contains: 2 ABS rings, 2 high quality adjustable straps with marking



LMX1504 Strap set for training rings (2x16ft)

Set contains 2 adjustable straps with marking | Length: 4,88m $\,$



LMX1505 Crossmaxx® Competition ring straps (set)

Set contains 2 straps with marking | Length: 250cm per piece



LMX1906 Crossmaxx® Ab mat PRO

Durable material | Anti-slip bottom | Colour: black



LMX1503 Wooden training ring set

Set contains: 2 wooden rings (1,25"), 2 high quality adjustable straps with marking



LMX1288.1 Crossmaxx® Premium Battle rope 1,5"

Length 12m | Material: Nylon | Colour: black



Battle rope

Length: 15m | Material: PP | Colour: black

LMX1285.1 Ø1" (2,5cm)

LMX1285.2 Ø1,5" (3,7cm)

LMX1285.3 Ø2" (5cm)



LMX1742 Crossmaxx® Glute Ham Developer PRO

Adjustable in 13 positions | Dimensions: L: 1500mm x W: 970mm x H: 105mm | Weight: 60 KG | With pins for resistance bands (LMX1180) | Colour: black



 $\textbf{LMX1289} \, \mathsf{Crossmaxx}^{\texttt{®}} \, \mathsf{Climbing} \, \mathsf{rope}$

Length 6m | Material: Sisal



Battle rope with sleeve

Length: 12m | With canvas cover

LMX1287.1 Ø1,5" (3,7cm)

LMX1287.2 Ø2" (5cm)



LMX1406 Ab wheel PRO



LMX1822 Crossmaxx® Cannonball grip

Per set | Colour: black



LMX1701 Crossmaxx® Parallettes

Dimensions: L: 580mm x W: 350mm x H: 300mm | Handle Ø30mm Per set | Colour: black



LMX1703 Crossmaxx® Parallettes V2

Dimensions: L: 450mm x W: 325mm x H: 165mm | Handle Ø30mm Per set | Colour: black

Gymnastic & Conditioning



LMX1240 Slamball

Does not bounce when dropped | Sand filling Available weight: 6, 8, 10, 12, 16, 20, 35, 50, 70 KG | Colour: black



LMX1243 Crossmaxx® RBBR wallball

High absorption level | Material: rubber | Ø35mm Available weights: 3, 6, 9, 12, 15 KG



LMX1245 Crossmaxx® wall ball

High absorption level | Rubber filling | 2 KG ball Ø250mm Other weights Ø350mm | Available weights: 2, 4, 6, 8, 9, 10, 12 KG



LMX1023 Crossmaxx® Power sled

Harness included | Dimensions: L: 1100mm x W: 700mm x H: 1090mm Sleeves suitable for all Ø50mm weight plates | Weight: 30 KG Colour: black



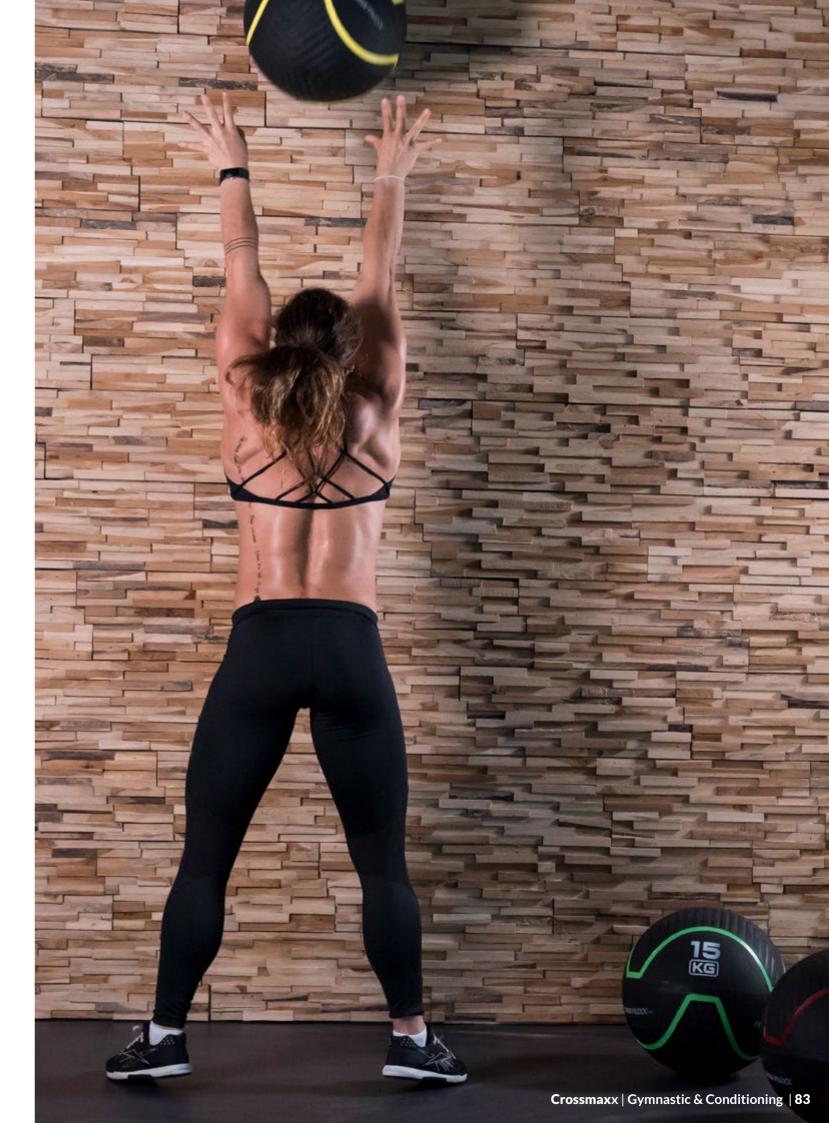
LMX1028 Crossmaxx® Sled compact

Belt included | Sleeves suitable for all Ø50mm weight plates Colour: black



LMX1900 Weight vest PRO

One size fits all | Maximum weight: 10 KG | Weight can be adjusted



CROSSMAXX® Mobility & Training accessories Essentials & Accessories 84 | Crossmaxx

Mobility & Training accessories



LMX1180 Crossmaxx® Resistance band

Latex | Available levels: level 1 (red, W: 13.4mm), level 2 (green, W: 28.6mm), level 3 (orange, W: 44.5mm), level: 4 (blue, W: 63.5mm), level: 5 (purple, W: 82.6mm) | Length 1040mm | Thickness: 4,5mm



LMX1181 Crossmaxx® Mini resistance band set (8pcs)

Latex | Set of 8 pieces | Contains 2 pcs the following levels: level 1 (red, W: 12.7mm), level 2 (black, W: 22.2mm), level 3 (green, W: 28.5mm), level: 4 (orange, W: 44.4mm) | Length 305mm | Thickness: 4.5mm



LMX1614 Crossmaxx® Lacrosse ball

Colour: red | Diameter: Ø64,5mm



LMX1806 Crossmaxx® Mobility band roll

Length: 7ft



LMX1610 EVA foamroller

Eco friendly EVA foam material | Ø150mm | Length: 900mm Colour: blue



LMX1611 Performance roller

Ø135mm | Length: 330mm | Colour: blue



LMX1612 Performance roller XL Ø135mm | Length: 610mm | Colour: black



LMX1613 Grid roller PRO

Ø130mm | Length: 360mm | Colour: dark blue

Mobility & Training accessories



LMX1810 Crossmaxx® Weightlifting belt premium

Leather | Colour: black | Available sizes: S, M, L, XL



LMX1811 Crossmaxx® Powerlifting belt

Leather | Colour: black | Available sizes: S, M, L, XL, XXL



LMX1815 Crossmaxx® Lifting straps



LMX1818 Crossmaxx® Wrist wrap



LMX1819 Crossmaxx® Wrist STRAP set

Per set



LMX1812 Crossmaxx® Nylon lifting belt

Nylon | Colour: black/grey | Available sizes: S, M, L, XL



LMX1282 Crossmaxx® 4 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) can be customised | Count down (0:00 to 99:59) - can be customised Custom programmable intervals | Loud beep | Remote controlled



LMX1283 Crossmaxx® 6 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) - can be customised | Count down (0:00 to 99:59) - can be customised Custom programmable intervals | Interval rounds shown | Loud beep Remote controlled



LMX1284 Remote for Crossmaxx® timer

Suitable for LMX1282 Crossmaxx® 4 digit timer LMX1283 Crossmaxx® 6 digit timer



LMX70 Crossmaxx® Dip belt

Colour: black



LMX1821 Harness for sled

Colour: black



LMX71 Head harness

Colour: black



LMX1805 Gym chalk (magnesium)

8pcs per box

LMX1807 Liquid chalk

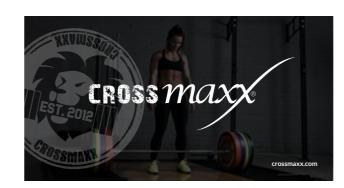
200ml

Essentials & Accessories



LMX2205 Crossmaxx® THE TANK water bottle

2 Liter | Colour: green



LMX2216 Crossmaxx® Banner

L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX2206 Crossmaxx® Coasters

6 pcs per set



LMX1816.C Crossmaxx® Sweatband

Colour: black | L:150mm x W: 75mm

CROSSMAXX® Racks & Benche 88 | Crossmaxx | Racks & Benches

Racks & benches



LMX1030 Weightplate rack

Dimensions: L 1100mm x W: 750mm x H: 1400mm Suitable for all LMX Ø50mm discs | Colour: silver or black Without plates



LMX1145 Crossmaxx® Kettlebell rack

Dimensions: L: 1200mm x W: 650mm x H: 760mm | Colour: black



LMX1033 Crossmaxx® 9 bar holder

For 9 bars | Suitable for Ø50mm bars Dimensions: L: 500mm x W: 500mm x H: 300mm | Colour: black



LMX1031 Crossmaxx® Bumper plate rack

Colour: black



LMX1032 Crossmaxx® Bumper plate stacker on wheels

Height of pin: 700mm | Colour: black



LMX1027 Crossmaxx® Wall mounted bar rack

For 6 bars | With PVC lining to protect your bars | Colour: black

Racks & benches



LMX1740 Crossmaxx® Squat rack

Dimensions: L: 1280mm x W: 1455mm x H: 1880mm Adjustable spotting arms and J-hooks | Colour: black



LMX1248 Wallball rack. For 4 wallballs Colour: black



LMX1700 Crossmaxx® Wall mounted pull-up rack
Dimensions: L: 1250mm x W: 800mm | Grip Ø30mm | Colour: black



LMX1246 Wallball rack

Suitable for storage of 12 wallballs | Colour: black



LMX1702 Crossmaxx® Multi-grip pull-up rack

Dimensions: L: 1310mm x W: 600mm | Grip Ø30mm | Colour: black or silver



LMX1743 Crossmaxx® Flat bench

Colour: black



LMX1704 Crossmaxx® Chalk stand

Dimensions: L: 500mm x W: 500mm x H: 915mm Inner diameter of bowl: 275mm | Colour: black



LMX1055 Adjustable bench

Adjustable in 7 positions | Dimensions: L: 1350mm x W: 700mm Colour: black



Racks & benches Floors



LMX1745 Crossmaxx® Squat stand Dimensions: L: 680mm x W: 640mm x H: 1810mm



LMX 1058 Crossmaxx® Yoke PRO
Dimensions: L: 1260mm x W: 1260mm x H: 2720mm
Adjustable beam and J-hooks | Can be used as pulling device,

harness included | Can be used as squat rack | Colour: black



Dimensions: L: 1900mm x W: 1900mm x H: 2450mm | With spotting arms, heavy duty J-Hooks, total core trainer, band pegs and double pull-up option | Bars, plates, power chains not included | Colour: black

LMX1056 Crossmaxx® Lifting platform for Power Rack Dimensions: L: 3750mm x W: 3050mm x H: 40mm | High quality

bamboo wood | Colour: black



LMX1057 Crossmaxx® Hip Thrust bench



LMX1345 Crossmaxx® 20mm jigsaw tile
Dimensions: L: 500mm x W: 500mm x H: 20mm | Colour: black



LMX1346 Crossmaxx® 20mm jigsaw edge
Dimensions: L: 500mm x W: 250mm x H: 20mm | Colour: black



LMX1347 Crossmaxx® 20mm jigsaw corner Dimensions: L: 250mm x W: 250mm x H: 20mm | Colour: black



LMX1340 Rubber tile 1m2

Dimensions: L: 1000 x W: 1000 x H: 20mm | Colour: black



LMX1361 Crossmaxx® Premium floor BRANDED Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer Colour: black with Crossmaxx logo



LMX1360 Crossmaxx® Premium floor
Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer
Colour: black with 15% white





LMX1362 Premium floor connector 2 studs Interlocking device for LMX1360 floor Quantity needed: circumference of the whole area

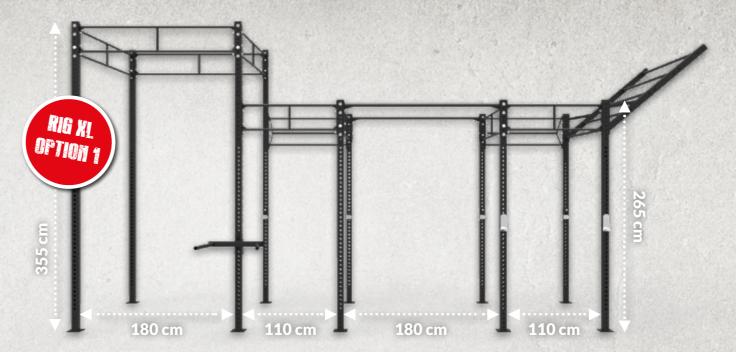
LMX1363 Premium floor connector 4 studs
Interlocking device for LMX1360 floor
Quantity needed: quantity of tiles*5-(circumference*1.5)

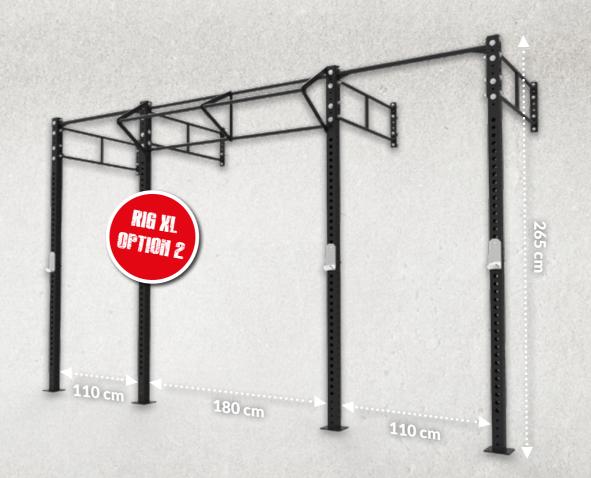
92 | Crossmaxx | Racks & Benches

CROSSMAXX® Rigs & Accessories The Crossmaxx® Rigs are designed to fit any club or training facility. The "Build-Your-Own-Rig" enables you to select the desired components and design the rig that is best fit for you and your facility. We offer two types of Crossmaxx[®] rigs; the regular model and the XL model. The difference between these types is the tube size of the upright stands. The regular model offers a strong 60x60mm tube with a 3mm wall thickness, the Crossmaxx®XL model offers a 75x75mm tube with a 3mm wall thickness. Both Crossmaxx® series are a strong and durable choice for all athletic facilities.

Crossmaxx® Rig XL Base models

Hereby a selection of Crossmaxx[®] XL Rigs, but anything is possible! Our "Build-Your-Own-Rig" principle provides the freedom to design a Crossmaxx[®] XL Rig that is suitable for you!









LMX1730

Crossmaxx $^{\otimes}$ XL upright stand 7,5 x 7,5 x 265cm



LMX1731

Crossmaxx[®] XL upright stand extender 7,5 x 7,5 x 90cm

LMX1766

Crossmaxx[®] XL upright stand extender 7,5 x 7,5 x 125cm



LMX1717

Crossmaxx® 180cm Bar (to be used with LMX1714 or LMX1715) Ø 30mm



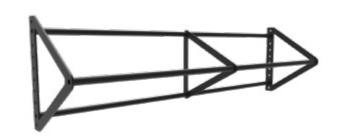


LMX1726

Crossmaxx® 180cm Triangle Beam Ø 30mm

Crossmaxx® 110cm Triangle Beam Ø 30mm



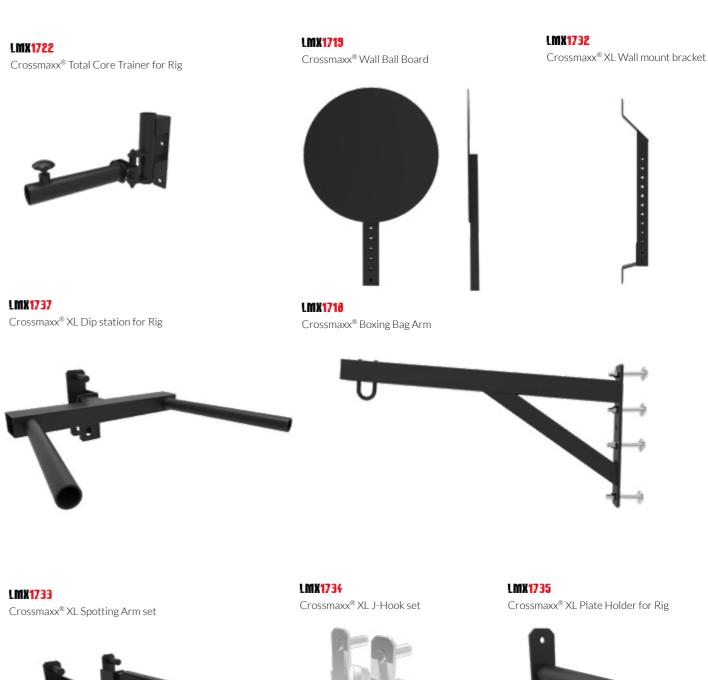






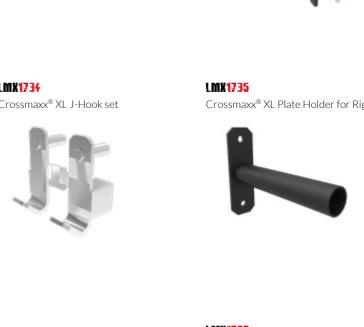










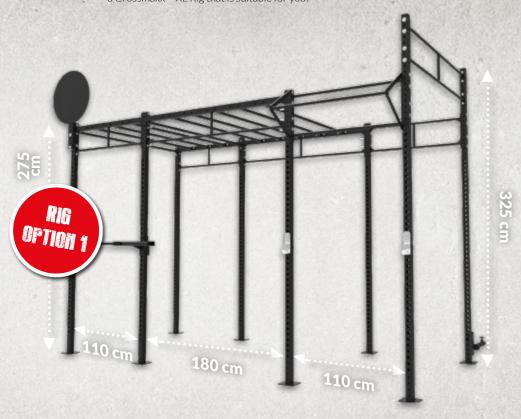






Crossmaxx® Rig Base models

Hereby a selection of Crossmaxx[®] XL Rigs, but anything is possible! Our "Build-Your-Own-Rig" principle provides the freedom to design a Crossmaxx[®] XL Rig that is suitable for you!

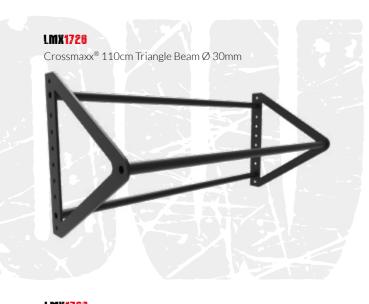




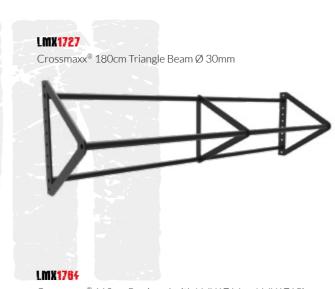


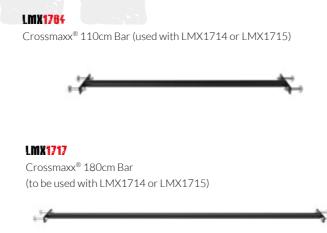


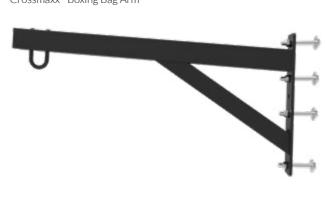


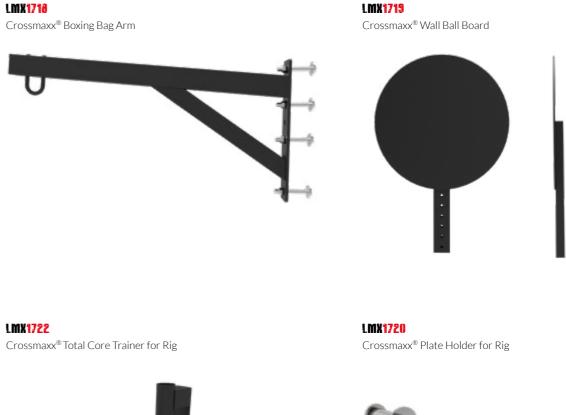


LMX1728 Crossmaxx® Monkey Wing Ø 30mm



















Ordering

Ordering Lifemaxx® products can be done in several ways:

T + 31 (0)10 415 9800 info@lifemaxx.com / sales@lifemaxx.com www.lifemaxx.com

When ordering please provide us with the following information:

- Full invoice- and shipping address
- VAT number
- Product codes and description of the products you wish to order
- Method of payment

Prices:

- All prices exclude VAT
- All prices exclude optional delivery charges
- Prices may change, please visit our website for actual prices

Delivery:

- We can deliver the order to you by parcel, pallet or Lifemaxx® delivery service
- Delivery charges can be requested via info@lifemaxx.com

Lifemaxx® delivery service not available for orders outside The Benelux.

Warranty:

All Lifemaxx® products are manufactured with our utmost care and craftsmanship. If any defects may arise, the following warranty regulations apply.

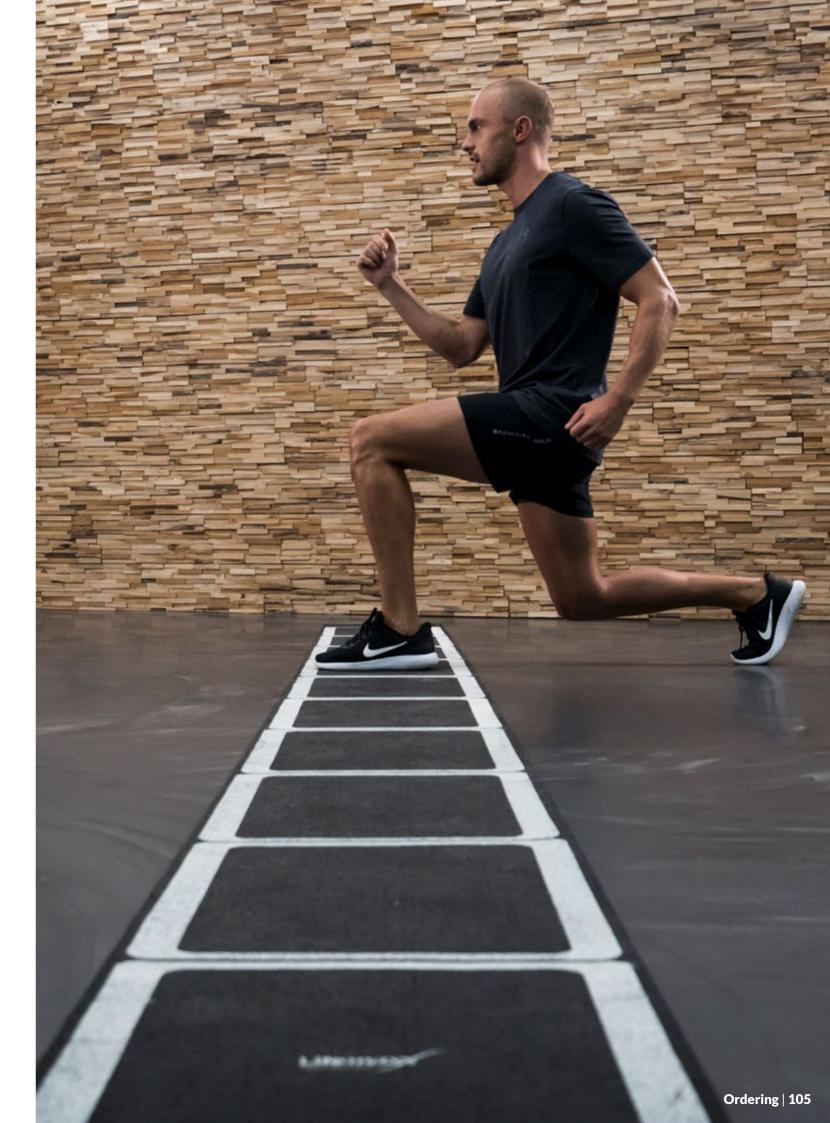
Lifemaxx® products have a standard 1 year warranty period, with some exceptions:

- 3 year warranty on all Lifemaxx® PU products.
- 6 months warranty on all cable attachments, all inflated materials, vinyl coated materials, all balls and bags.
- 3 months warranty on all elastic materials, all jump ropes and aerobic mats.
- No warranty on neck support rolls and ankle straps. If problems arise within that period, Lifemaxx® will repair or replace your product. We may request photographic evidence or will ask you to return the product to us for inspection. Lifemaxx® will not accept responsibility for defects arising from the misuse of any goods, or problems that arise outside the control of Lifemaxx®.

Not covered by the warranty (and tips to increase the lifetime of your products):

- Any damage resulting from use with racks not sourced from Lifemaxx®. For example rubber dumbbells should be stored on Lifemaxx® dumbbell racks which feature saddles to increase the lifetime of the products.
- Damage resulting from slamming or inflating products that are not designed for this purposes.
 For example medicine balls are not made for slamming or inflating.
- Damage resulting from throwing or dropping products that are not designed for this purpose.
 For example dumbbells, discs (bumper plates excluded) and kettlebells.
- Our Crossmaxx® rigs and Functional racks must be bolted to the floor for safe use.

For our full terms and conditions, please visit our website www.lifemaxx.com



Need help?

Do you need help with the planning for your personal training zone, weight lifting area, group fitness area or the total planning of a fitness facility or box? Or do you have questions about our products? Our dedicated and experienced team is more than happy to assist you. Please contact us by e-mail or telephone. We also would be delighted to welcome you in our showroom. In our showroom you will have the possibility to try and test all our products.

Couldn't find the product you are looking for? Please visit our website www.lifemaxx.com or our Facebook pages "LifemaxxFitness" or "CrossmaxxFitness" for the latest product updates or contact us.

Have ideas?

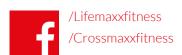
Have you got any innovative product ideas or ideas to make the Lifemaxx assortment even better than it already is? Do not hesitate to contact us, we will be happy to listen to your ideas!

Credits:

We would like to thank the following people and businesses for their contribution to the Lifemaxx catalogue:

- Elsje Corporate Fashion: for helping us creating this catalogue from scratch.
- Robert Stolp Photography
- Lotte Valk Make-up Artist
- Our models: Belinda, Pierre, Hanno, Mandy & Sonja

Keep in touch through our Facebook and Instagram pages and read about our latest updates, innovations, events and client experiences.







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